



MLX i³Dome Triple Detox Therapy



MLX i³Dome – The Ultimate Detox Booster

Far Infrared (FIR) • Plasma • Light

The Gharieni Triple Detox Therapy „MLX i³Dome“ is the new generation of detox treatments. Combining Far Infrared technology with Plasma and Light, this spa table offers 3 ultra-effective detox treatment methods in one.

Charge your batteries and detox

While the Gharieni FIR-technology stimulates the metabolism and the perspiration of the body with long-wave infrared rays through the MLX iDome, the additional Plasma- and Light-Therapy device (PLT) at the head section provides visible skin rejuvenation and detoxification. Using

the three therapies in such a well thought-out combination is much more effective, as all three therapies support and multiply the results of all individual treatments.

No therapist needed

The Gharieni MLX i³Dome concept works as a stand-alone therapy, where no therapists is needed. After the client is positioned on the MLX iDome and the PLT device, no hands are necessary to support the Gharieni MLX i³Dome detox therapy.

FIR-
Therapy

Light
Therapy

Plasma
Therapy



MLX i³Dome

Efficacy scientifically proven

Unexpected research findings following treatment in the Gharieni MLX i³Dome, lead the way for integrating the Fitness workout and Spa experience in the guest journey.

Continuing its commitment to Verified Wellness, the Gharieni Group, announces the results from the first part of a continuing series of studies, on the proven benefits of the MLX i³Dome. This quantifies improvements in muscle recovery and wellbeing after treatments in the MLX i³Dome – following a workout.

These new scientific studies, for the Wellness industry, look at how this Gharieni Wellness technology bed dramatically cuts the recovery period for muscles after physical exercise while substantially improving a sense of wellbeing for the individual.

The study, "The Impact of Acute Exposure to MLX i³Dome in Recovery After Intense Exercise: Effects on blood and muscle parameters, sport performance and wellbeing", published in May 2021, examined how the Gharieni MLX i³Dome was instrumental in:

- Decreasing muscle soreness
- Improving blood pH
- Improving wellbeing



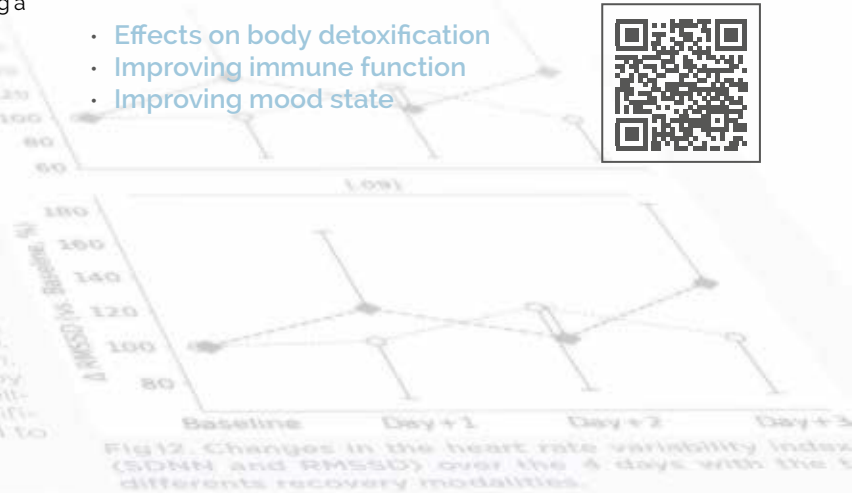
The study, "The impact of chronic exposure to MLX i³Dome on people under stress", published in October 2021, examined how the Gharieni MLX i³Dome was instrumental in:

- Effects on body detoxification
- Improving immune function
- Improving mood state



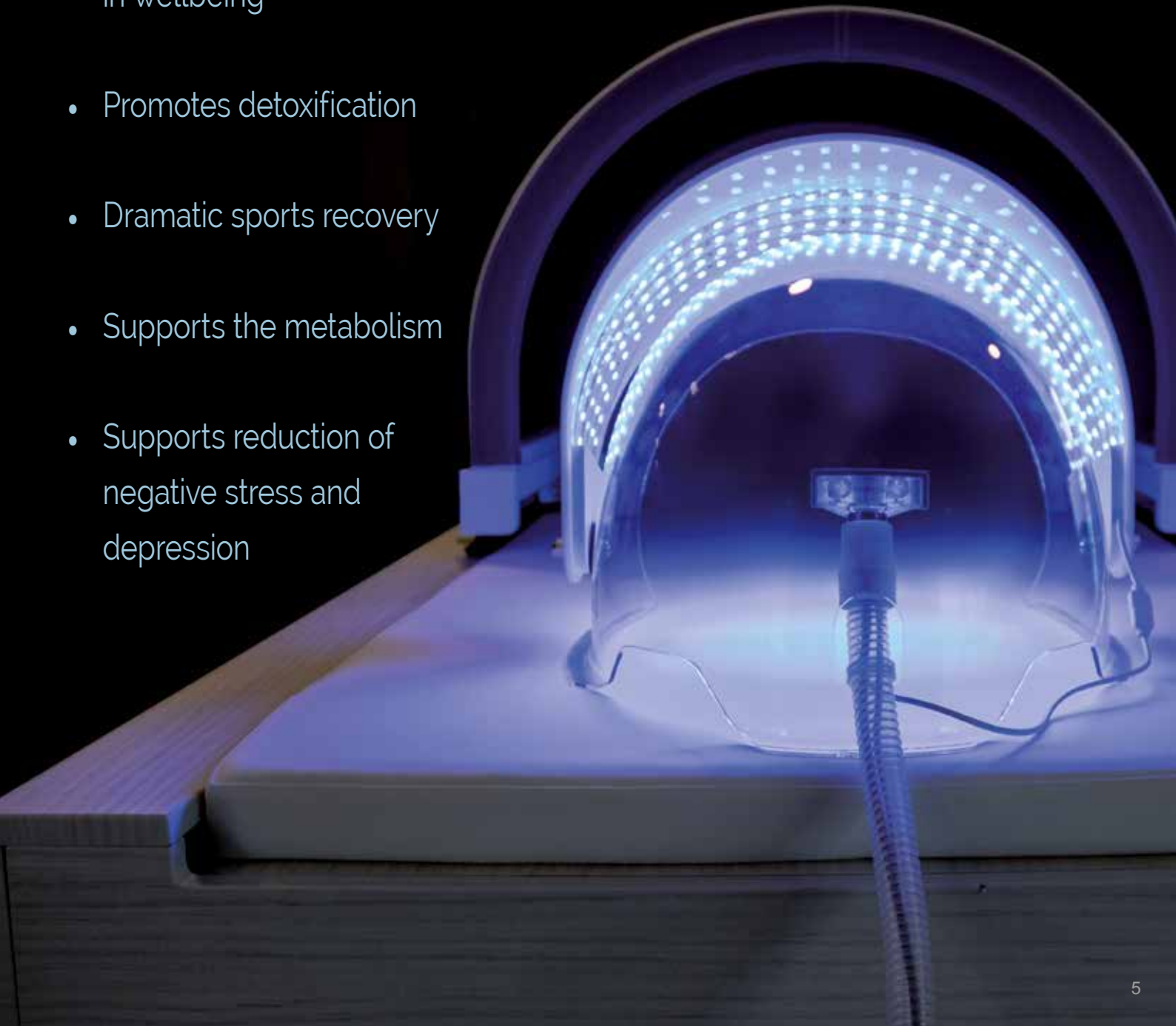
Wellbeing

The wellbeing levels assessed over three days, immediately after the 30 min recovery period, showed no change in the G-control condition. However, the wellbeing tended to increase day by day in the G-i3dome group (Fig 11). Moreover, wellbeing evaluated on Day+1 and Day+2 was significantly higher in the G-i3dome group compared to the G-control group.



Take-home messages

- Significant improvement in wellbeing
- Promotes detoxification
- Dramatic sports recovery
- Supports the metabolism
- Supports reduction of negative stress and depression



FIR- Therapy



The **Gharieni FIR**
technology stimulates the body
with Far Infrared rays

What is Far Infrared?

First discovered by scientist Sir William Herschel in 1800, Far Infrared Rays (FIR) are the healthy rays contained in sunlight that are responsible for photosynthesis, the process used by plants to produce energy and without which, there would be no life on earth. Approximately 80% of solar energy is made up of FIR and 60% is between the range of 10-20 microns. Far Infrared Rays are invisible wavelengths of light that are longer than that of visible light.

Benefits include:

- sports recovery
- mental fitness and general wellbeing
- no adverse effects have been reported



Plasma Therapy

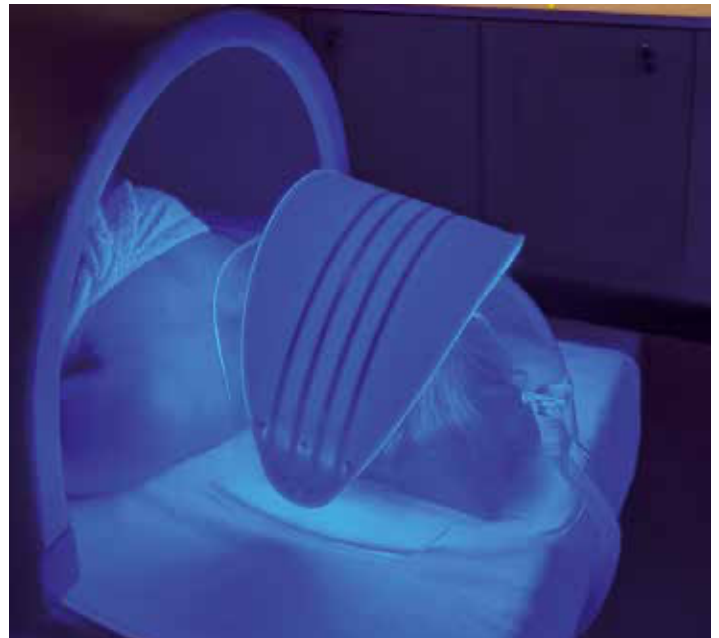
Plasma for sensitive and problem-prone skin

Plasma Therapy is an innovative method for cosmetic treatments. During the application, clients are exposed to the energy of oxygen (O₂) in the form of applied electrically negatively charged ions.

Based on findings of quantum physics, Plasma Therapy are the negative ions collected from the ambient air and then directed into the specially coated PLT device where it combines with Light therapy. Ions penetrate through the skin to stimulate cell metabolism while there is simultaneous inhalation through mouth and nose thereby providing positive benefits for the whole body including organs and muscles.

Benefits include:

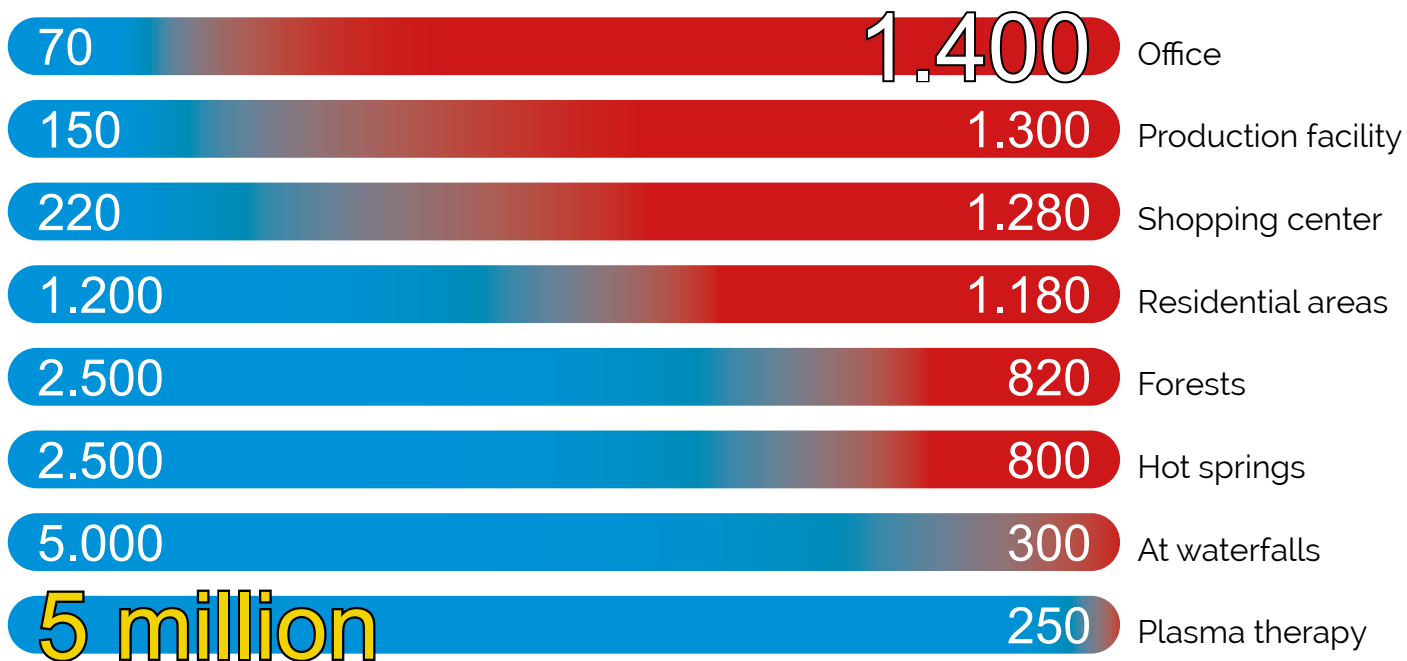
- Maintenance of skin health
- Visible improvement of problem skin
- Increase of vitality & suppleness
- Positive support of the metabolism in the entire organism



The more the better.
Our organism needs electricity from
the negative ions released by oxygen molecule.

— Negative ions*

+ Positive ions*



*Number of positive and negative ions per cm³

Light Therapy

Light therapy: scientifically proven and effective

Light treatment has been known for a long time and has been successfully used in treatments for decades. The effect of the colored light is reinforced by the negative ions.

Applications of red light therapy:

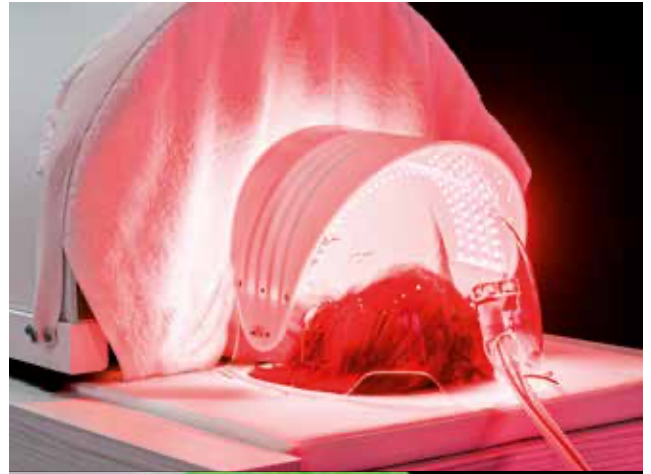
- Increase in collagen formation / collagen synthesis
- Skin repair & renewal (anti-aging)
- Can reduce scar tissue
- Supports wound healing
- Stimulates ATP in cells and increases cellular reproduction

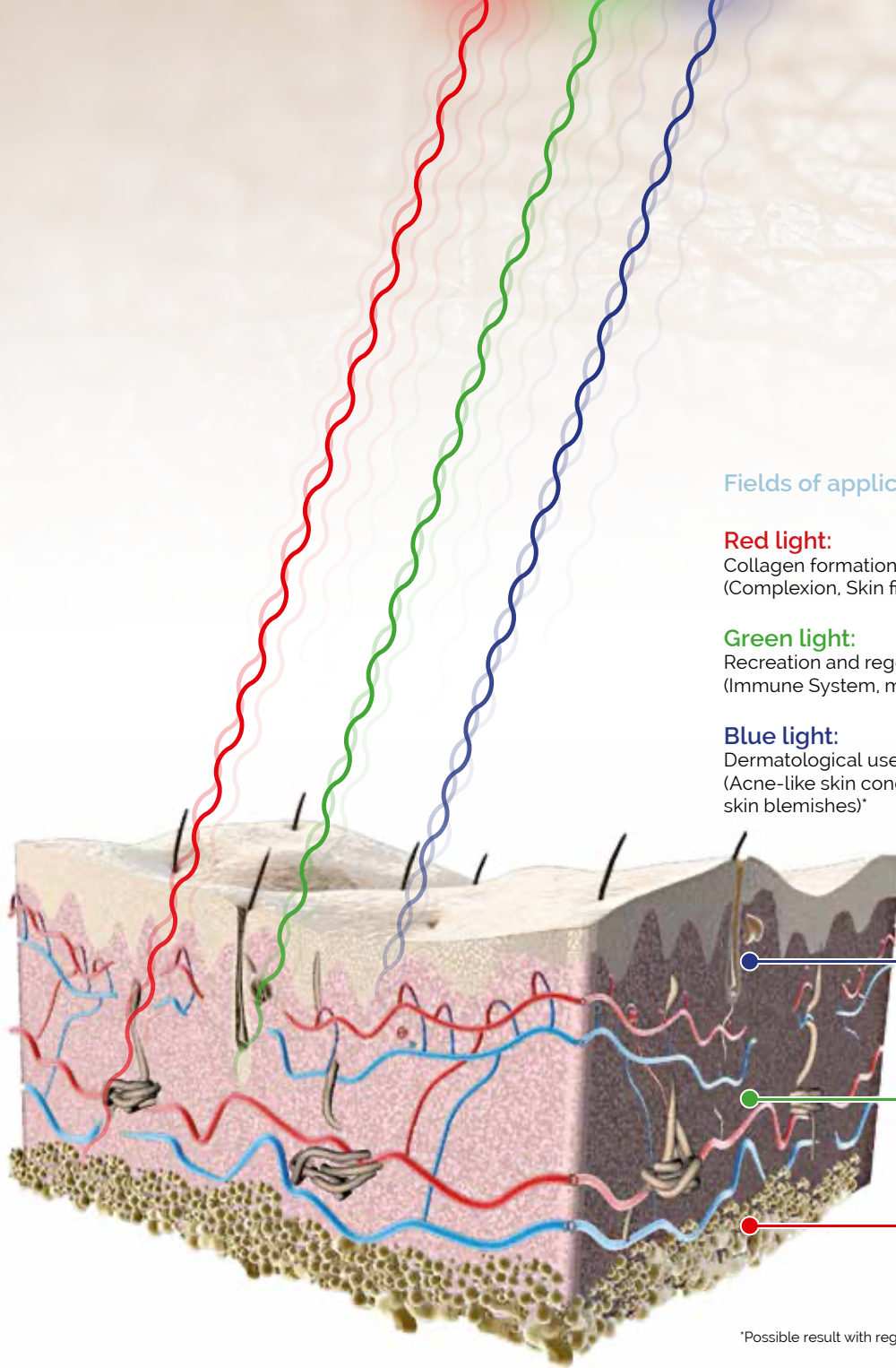
Applications of green light therapy:

- Detoxification
- Antibacterial properties
- Relieves stress
- Strengthens immune system
- Builds muscle and bone
- As aphrodisiac and sexual tonic

Applications of blue light therapy:

- Positive influence on Eczema / psoriasis
- Can reduce Acne
- Anti sebum production
- Relieves anxiety
- Strengthens the immune system





Fields of application for colored light treatment

Red light:

Collagen formation / connective tissue
(Complexion, Skin firmness)*

Green light:

Recreation and regeneration
(Immune System, muscle and tissue cells)*

Blue light:

Dermatological use
(Acne-like skin condition,
skin blemishes)*

*Possible result with regular use

MLX i³Dome

